



# Safe sleep is free!

- ◆ Free from tobacco
- ◆ Free from alcohol or drugs
- ◆ Free from clutter
- ◆ Free from soft surfaces
- ◆ Free from safe sleep positioners and gadgets

Find resources and support at [hmhb-mt.org](http://hmhb-mt.org)

**Safe Sleep: Learn ◆ Plan ◆ Provide**