



Safe sleep is free!

- ◆ Free from tobacco
- ◆ Free from alcohol or drugs
- ◆ Free from clutter
- ◆ Free from soft surfaces
- ◆ Free from safe sleep positioners and gadgets

Safe Sleep: Learn ◆ Plan ◆ Provide

Find resources and support at hmhb-mt.org



Healthy Mothers,
Healthy Babies
The Montana Coalition

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