



**A lot has changed
since you were a
new parent.**

Catch up on the latest safe
sleep recommendations at
hmhb-mt.org

Safe Sleep:

Learn ♦ Plan ♦ Provide

This project is funded in whole or in part under a contract with the Montana Department of Public Health and Human Services. The statements herein do not necessarily reflect the opinion of the Department.



**Healthy Mothers,
Healthy Babies**
The Montana Coalition



Healthy People. Healthy Communities.
Because High Health Means Better.