

Principles of Perinatal Harm Reduction

DIGNITY + SUPPORT

Safety Seeking pregnancy care shouldn't be dangerous. Talking openly about substance use should be part of everyone's routine care.



Autonomy We should respect each other's ability to make informed healthcare decisions that reflect our priorities + preferences.



Shared Decision-Making

Providers should work with patients to explore all their options - then they should support their goals.



Informed Consent If we're going to give informed consent we need to talk about what we're being asked to do and why. If we don't have the power to say no, it's not consent.



Do No Harm Parents and babies need each other. It's unethical to drug test without consent or to collect evidence that can be used to cause harm. ASK: Is the test medically necessary?

